



Alberta Regional Consortia

# Alberta Regional PD Consortium

Adult Learning for Students' Sake

Career and Technology Studies

Webinars 2009-2010

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## Balancing "Foods" Curriculum with the "Healthy School Initiative" Philosophy *with Marilyn Maloney*

Tuesday, March 9, 2010

4:30 pm to 5:30 pm

Please log on at 4:00 pm to do your mic & speaker test!

\$20

### ABOUT THE SESSION:

Are you concerned about providing "healthy" food options in your Foods classes? Have you had parents/students/central office encourage you to teach kids how to cook and eat in a healthy way? This session will discuss our experience of choosing suitable recipes that students enjoy and that fit curriculum requirements. Concerns about meeting the curriculum within the "Healthy Schools Initiative", "Health in Action", and "Alberta Nutrition Guidelines for Children & Youth" philosophies will be addressed. Resources will be discussed and shared.

### ABOUT THE FACILITATOR:

Marilyn Maloney, BEd, has been a Food Prep/Foods teacher at Lacombe Composite High School for the last 10 years. She helped review resources for the new CTS curriculum in Aug. 2009. Lacombe Composite High School has an enrollment of about 830 students and the Food Prep students (10/20/30 levels) prepare food items sold in the cafeteria to staff and students.



★ Sessions may be changed or cancelled ★

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