

IFNMI18-46 Introduction to Traditional Foods and Celebration

**PRESENTED BY****Holly Rae Yuzicapi****SERIES SESSIONS**

Date	Time
April 24, 2018	9:30 AM – 3:00 PM

**LOCATION****St. Paul Regional High School Room 220 - 4701
- 44 Street****FEE****\$175.00****QUESTIONS?****Contact Us:****780-623-2248****REGISTER ONLINE****Visit our website to register:****Ines.ca**

Program

Introduction to Traditional Foods

Description: Participants will learn about the traditional gathering and preparing process of foods, gain a better understanding of what a traditional diet consisted of and its importance. They will compare traditional perspectives of food with the modern day view and gain a greater appreciation of this element of culture.

Participants will have the chance to make a grocery store version of Pemmican.

Introduction to Celebration

Description: Participants will learn about different types of First Nation celebrations, dances and songs. The participants will also learn about celebration elements and their special order. They will gain an understanding of present day gatherings compared to gatherings many years ago. They will also participate in a quick dance activity and gain a greater appreciation of this element of culture.

This learning opportunity is being offered through curriculum implementation funding from Alberta Education.

Presenters

Holly Rae Yuzicapi

Holly Rae is a proud Dakota/Lakota woman from the Standing Buffalo Dakota Nation in Southern Saskatchewan. Growing up in a Dakota family, Holly has learned a lot about traditional arts, foods and dance. She is a Native Cultural Arts instructor that has travelled across Canada delivering sessions to all ages. Holly has done a lot of youth engagement and has a passion for helping youth make stronger cultural connections. She has a strong belief that traditional art and cultural experiences will share the history of First Nations people and believes art can create a strong sense of identity and confidence for young people. Holly also believes that creating unique common cultural sharing opportunities will help create a strong foundation for building relationships.

Currently a Cultural Arts Consultant with the First Nation, Metis and Inuit Education unit with Edmonton Public Schools, Holly has travelled to many schools facilitating whole school four day cultural engagement visits. These visits have been well received in schools and have also been featured on CTV Edmonton and in the Alberta Teachers Association newsletter. New this year to Holly's position is providing professional learning sessions for educators. Once a month she will be hosting a different topic to help educators become more culturally engaged in the classroom from a First Nations, Metis and Inuit perspective. Providing First Nation influenced activities to schools and professional learning opportunities for teachers has encouraged positive cultural discussions among students and staff as well as bringing understanding to a foundational level.

Registration Notes

Registration includes a continental breakfast and lunch.