

EFR18-133 Historic Trauma: The Process of Intergenerational Transmission



PRESENTED BY
William Aguiar



SERIES SESSIONS

Date	Time
February 20, 2018	9:00 AM - 3:30 PM



LOCATION
Ashmont School - Box 300

FEE

\$50.00

QUESTIONS?

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Program

As this workshop focuses on the role of toxic shame – a by-product of Canada's colonial policies, the residential school experience & the "60's scoop" – in the intergenerational transmission of trauma, participants will learn how shame inducing patterns of interaction in the parent- child dyad transform the architecture of a child's developing brain thus ensuring a vulnerability to addiction in later life while also strengthening the neural pathways that ensure the transmission of trauma to the next generation. Participants will also be introduced to the practice of Mindfulness as one of many strategies to help adult children of trauma break the cycle of trauma. This practice of Mindfulness can be adapted to a class room environment.

Presenters

William Aguiar

Mr. Aguiar worked as a Counsellor and Instructor at Blue Quills University between 1985–2015. During his tenure at the University, he contributed to the development of a trauma informed approach to the training of Indigenous Social Workers that is still being utilized in various Indigenous controlled colleges located in Alberta. Mr. Aguiar is the co-author of the following 2 papers that were published by the National Collaborating Centre for Aboriginal Health: a) Aboriginal Peoples and Historic Trauma: The Process of Intergenerational Transmission; b) Addressing the Healing of Aboriginal Adults and Families Within a Community -Owned College Model. Both papers can be downloaded @ NCCAH@UNBC.CA
