

IE19-15 The Academy for Tobacco Reduction



PRESENTED BY
Kim Ruptash



SERIES SESSIONS

Date	Time
October 16, 2018	9:30 AM – 3:30 PM
November 06, 2018	3:45 PM – 4:30 PM
November 27, 2018	3:45 PM – 4:30 PM



LOCATION
School of Hope-Brady Center - 5212-Railway Ave

FEE

\$40.00

QUESTIONS?

Contact Us:
780-623-2248

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Program

The Academy for Tobacco Reduction, which uses a creative theme to give the resource context. Five lessons per grade will:

- 1) give student for kids factual information
- 2) help them understand the risks seen with tobacco us
- 3) teach kids ways they can recognize negative social influences
- 4) develop strategies to learn how to resist pressure to us tobacco products and
- 5) develop a sense of purpose as they work together on a common goal.

Day 2 Face to Face Shadows of the Academy, a fun and engaging card game that creates a learning environment where students can use effective ways to communicate and cooperate. Student build confidence in recognizing and resisting negative peer pressure, using positive social skills together to reach a common goal.

This resource is aligned with the competencies for Engaged Thinkers and Ethical Citizens with an Entrepreneurial Spirit as outlined in the Alberta Education Framework for Student Learning. The resource included a grade specific detailed lesson outlines, interactive presentations, material to encourage class discussion, and a variety of pre-developed cross-curricular activities to integrate into a variety of learning experiences.

This learning opportunity is being offered through a grant from Alberta Education.

Presenters

Kim Ruptash

Kim, an addiction and tobacco reduction counsellor with Alberta Health Services Community Addiction and Mental Health for 18 years, is a Certified Tobacco Educator and Canadian Certified Addiction Counsellor. She has extensive knowledge and experience in tobacco prevention, education, cessation and policy work. She has a keen interest in shaping and influencing healthy behavior, especially among youth and their key influencers. She is a wife, volunteer and Mom of 3 girls aged 8, 11 and 13, who has a passion for debunking myths and filtering messages in research to people of all ages.

Registration Notes

Registration includes a continental breakfast and lunch for face to face session.