

# IO20-15 Tapping Out of Trauma Training for Rapid and Lasting Mental and Emotional Healing with Emotional Freedom Techniques (EFT tapping) Level 1 and 2 Three-Day

Presented By: Marlene Cameron

## Date(s):

Tuesday, March 10, 2020  
9:00 AM - 5:00 PM

Wednesday, March 11, 2020  
9:00 AM - 5:00 PM

Thursday, March 12, 2020  
9:00 AM - 5:00 PM

## Session Location:

Portage College -Room 140  
5205 50 Ave, St. Paul, AB

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## Registration Fee:

\$770.00

**Audience:** Educational Assistants, Teachers, Inclusive Education Teachers, Inclusive Education Directors/Leads, Support Services Personnel, Addictions and Family Counsellors, Trauma and Mental Health Professionals and individuals who want to use Tapping for themselves

## Grade Level:

## Special Notes:

Registration fee includes a continental breakfast and lunch and course workbook and materials.

## About the Session:

Emotional Freedom Techniques (EFT) sometimes referred to as “tapping” is an evidence-based intervention that is readily learnable and can be utilized by counsellors, medical and mental health professionals, counsellors, social services providers, educators, parents and children alike. It is renowned for its effectiveness with immediate and sustained relief from anxiety, hurt, trauma, PTSD, fears, addictions, depression, grief and physical pain. It is proven to be beneficial in bettering the quality of life – opening the way for greater self-esteem, sense of purpose and enhanced personal performance in school, business, sports and the creative and performance arts. EFT supports greater confidence in building healthy and empowering relationships and for transitioning limiting beliefs and behaviors into a more positive, optimistic and resilient mindset. This program provides the foundation methods, applications and practice for new practitioners: • Understand why EFT works including the research behind its effectiveness.

- Using EFT tapping for self-help and for working with others
- Methods to address with trauma that keep the client safe
- Maintaining the client's dignity and privacy during EFT
- Applications for stress-related health & weight issues
- Ways to work with emotional and physical pain

Come away with the knowledge and know-how to begin using EFT right away in your personal life and professional work. Supervised practice time is included in the classes so that you will experience the healing power of EFT tapping for yourself and gain the confidence and skill to share it with others in your community.

## About the Presenter(s):

### Marlene Cameron

Marlene Cameron is a Master Practitioner and Trainer certified by EFT International. She integrated EFT into her life coaching practice 12 years ago as a way to help her clients heal from traumatic experiences, effectively deal with anxiety and depression, overcome addictions and cravings, move beyond fear of situations like public speaking and feel more grounded and confident. She used EFT herself to overcome feeling 'never good enough' in spite of her accomplishments and successes and continues to use it to feel calm and in control. Marlene provides a safe, respectful environment for learning and experiencing EFT. Visit her website at [www.marlenecameron.com](http://www.marlenecameron.com). If you would like to speak with Marlene about this training, call her at 403 209-2142.

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 Three-Day Course

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Name: \_\_\_\_\_ School: \_\_\_\_\_

School District: \_\_\_\_\_ Tel: \_\_\_\_\_ Cell: \_\_\_\_\_

Billing Address: \_\_\_\_\_ Town/City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

Position:  Administrator  Teacher  Support Staff  Other Specify: \_\_\_\_\_

Method of payment:  Cheque (payable to *Learning Network*)  
 Invoice/Purchase Order no. \_\_\_\_\_

FOIP Release: I understand my name will be included in a closed participants group list, as compiled by LN and made \_\_\_\_\_ available to the presenter(s) and/or the participants of this workshop.

**\* REGISTER EARLY AS PROGRAMS FILL QUICKLY \***

All participants who have been duly registered will receive a confirmation prior to the session.  
 Cancellations must be received 3 working days prior to the session to receive a full refund.