

# IE20-57 Calming Centers Make and Take

Presented By: Sheila Chisholm

**Date(s):**

Monday, November 25, 2019  
9:00 AM - 3:30 PM

**Session Location:**

J.R. Robson School BTPS Training Center  
5102 - 46 Street, Vermilion, AB

**Registration Fee:**

\$150.00

**Audience:** Educational Assistants, Teachers, Administrators, Inclusive Education Teachers, Inclusive Education Leaders, System Leaders

**Grade Level:****Special Notes:**

Registration includes a continental breakfast and lunch.

**About the Session:**

Fidget Friendly Classrooms, Daycares and Families: When is a fidget a reward for negative behavior and when is it a tool for self-regulation? In this session, we will look at tools for focus and attention, self-regulation and decreasing behaviors without the interference of accidental rewarding. Let us introduce fidgets to you. Calming Centres: This 'Make and Take' presentation helps navigate you and your students through emotions. It incorporates fun and engaging visual and behavioral strategies. You will learn to use a very effective centre containing occupational therapy, psychologist, educator and parent-approved activities for emotional regulation. Come and create a plan to guide and channel emotions in your classroom.

This learning opportunity is being offered through a grant from Alberta Education.

**About the Presenter(s):****Sheila Chisholm**

Sheila Chisholm's interest in special needs started in elementary where she supported a segregated learning classroom during lunch hour. Sheila soon developed a passion and desire to change the way society interacts with those in the disabled community. While attending U of S she worked with families with children with special needs and began to work towards behavior consulting and interventions. Sheila worked for Transitions where she discovered a connection with autistic children and a deep desire to learn more. She joined Family Linkages Foundation for Autism and began her journey as a behavior interventionist. Sheila had the privilege of working on the PUF Team as well as the ELT Team in the St. Albert Public School Division for 12 years. In this capacity, she worked with a multi-disciplinary team of therapists to cultivate the best learning environment for students. And she has now moved into the Sturgeon Public School Division as a Parent Coach for Disabilities Services for Families. Sheila started Infinite Resources Inc. as a means to support all families and look beyond diagnosis and delays. She believes providing coaching and consulting to families, community organizations allows her to truly create a company that looks at strengths, community, and family as a path for inclusion. IRInc has now been running inclusive social programs for 13 years. To further create community inclusion, Sheila founded Plugged In Community Centre Organization, a charity with the mandate to build a facility that will provide access to all citizens. Sheila was the recipient of the St. Albert Baha'i International Women's Day award for Exemplary Service in the Community, as well as Autism Edmonton's Community Champions Award. Infinite Resources Inc. has allowed her to create events that can create inclusion for children/teen, families and the community: Beautiful Me, Plugged In and Supported Community as well as powerful PD Day Sessions. Sheila is a certified PEERS facilitator, Nonviolent Physical Crisis Intervention Trainer through CPI, PBS (JACC) Trainer, Triple P Facilitator: Seminars, Primary Care, Groups - Discussions, Stepping Stones, Teen & Standard.

Calming Centers Make and Take

Date(s): Nov 25, 2019

Name: \_\_\_\_\_ School: \_\_\_\_\_

School District: \_\_\_\_\_ Tel: \_\_\_\_\_ Cell: \_\_\_\_\_

Billing Address: \_\_\_\_\_ Town/City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

Position: \_\_\_ Administrator \_\_\_ Teacher \_\_\_ Support Staff \_\_\_ Other Specify: \_\_\_\_\_

Method of payment: \_\_\_ Cheque (payable to *Learning Network*)  
\_\_\_ Invoice/Purchase Order no. \_\_\_\_\_

FOIP Release: I understand my name will be included in a closed participants group list, as compiled by LN and made  
\_\_\_ available to the presenter(s) and/or the participants of this workshop.

**\* REGISTER EARLY AS PROGRAMS FILL QUICKLY \***

All participants who have been duly registered will receive a confirmation prior to the session.

Cancellations must be received 3 working days prior to the session to receive a full refund.