

IE20-57 Calming Centers Make and Take

**PRESENTED BY****Sheila Chisholm****SERIES SESSIONS**

Date	Time
November 25, 2019	9:00 AM - 3:30 PM

**LOCATION****J.R. Robson School BTPS Training Center -
5102 - 46 Street****FEE****\$150.00****QUESTIONS?****Contact Us:****780-623-2248****REGISTER ONLINE****Visit our website to register:****lnes.ca**

Program

Fidget Friendly Classrooms, Daycares and Families: When is a fidget a reward for negative behavior and when is it a tool for self-regulation? In this session, we will look at tools for focus and attention, self-regulation and decreasing behaviors without the interference of accidental rewarding. Let us introduce fidgets to you. Calming Centres: This 'Make and Take' presentation helps navigate you and your students through emotions. It incorporates fun and engaging visual and behavioral strategies. You will learn to use a very effective centre containing occupational therapy, psychologist, educator and parent-approved activities for emotional regulation. Come and create a plan to guide and channel emotions in your classroom.

This learning opportunity is being offered through a grant from Alberta Education.

Presenters

Sheila Chisholm

Sheila Chisholm's interest in special needs started in elementary where she supported a segregated learning classroom during lunch hour. Sheila soon developed a passion and desire to change the way society interacts with those in the disabled community.

While attending U of S she worked with families with children with special needs and began to work towards behavior consulting and interventions. Sheila worked for Transitions where she discovered a connection with autistic children and a deep desire to learn more. She joined Family Linkages Foundation for Autism and began her journey as a behavior interventionist. Sheila had the privilege of working on the PUF Team as well as the ELT Team in the St. Albert Public School Division for 12 years. In this capacity, she worked with a multi-disciplinary team of therapists to cultivate the best learning environment for students. And she has now moved into the Sturgeon Public School Division as a Parent Coach for Disabilities Services for Families.

Sheila started Infinite Resources Inc. as a means to support all families and look beyond diagnosis and delays. She believes providing coaching and consulting to families, community organizations allows her to truly create a company that looks at strengths, community, and family as a path for inclusion. IRInc has now been running inclusive social programs for 13 years.

To further create community inclusion, Sheila founded Plugged In Community Centre Organization, a charity with the mandate to build a facility that will provide access to all citizens.

Sheila was the recipient of the St. Albert Baha'i International Women's Day award for Exemplary Service in the Community, as well as Autism Edmonton's Community Champions Award. Infinite Resources Inc. has allowed her to create events that can create inclusion for children/teen, families and the community: Beautiful Me, Plugged In and Supported Community as well as powerful PD Day Sessions.

Sheila is a certified PEERS facilitator, Nonviolent Physical Crisis Intervention Trainer through CPI, PBS (JACC) Trainer, Triple P Facilitator: Seminars, Primary Care, Groups - Discussions, Stepping Stones, Teen & Standard.

Registration Notes

Registration includes a continental breakfast and lunch.