

IO20-60 Intentional and Purposeful Breaks & Strategies for Managing Classroom Behavior

**PRESENTED BY****Sheila Chisholm****SERIES SESSIONS**

Date	Time
March 02, 2020	9:00 AM - 3:30 PM

**LOCATION****Neighborhood Inn-Alberta Room - 5011 66 St****FEE****\$150.00****QUESTIONS?****Contact Us:****780-623-2248****REGISTER ONLINE****Visit our website to register:****Ines.ca**

Program

Intentional and Purposeful Breaks: Breaks are often not understood or used as effectively as possible. Together, we will discover practical ways to implement breaks, the purpose of the break, choosing between strategies and of course what kinds of breaks you can offer! Using breaks purposefully will provide students with intentional tools and activities that have them connect to regulating themselves for optimal learning behaviors in the classroom. This will be an active presentation, with lots of opportunities to learn and practice different kinds of breaks you can use with students of all kinds. **Strategies for Managing Classroom Behavior:** In this hands on session, we will examine and further develop triple p strategies for fostering relationships, developing skills and managing misbehavior in the classroom. Behaviors have become a major concern, learn how we can tame the "behavior beast"? We also look at positive behavior supports and their role in your toolbox.

This learning opportunity is being offered through a grant from Alberta Education.

Presenters

Sheila Chisholm

Sheila's interest in special needs started in elementary where she supported a segregated learning classroom during lunch hour. Sheila soon developed a passion and desire to change the way society interacts with those in the disabled community. While attending the U of S she worked with families with children with special needs and began to work towards behavior consulting and interventions. Sheila worked for Transitions where she discovered a connection with autistic children and a deep desire to learn more. She joined Family Linkages Foundation for Autism and began her journey as a behavior interventionist. Sheila had the privilege of working on the PUF Team as well as the ELT Team in the St. Albert Public School Division for 12 years. In this capacity, she has worked with a multi-disciplinary team of therapists to cultivate the best learning environment for students. And she has now moved into the Sturgeon School Division as a Parent Coach for Disabilities Services Families and behavior support for ILT. Sheila started Infinite Resources Inc. as a means to support all families and look beyond diagnosis and delays. She believes providing coaching and consulting to families, community organizations allow her to truly create a company that looks at strengths, community, and family as a path for inclusion. IRInc has now been running inclusive social programs and providing Behavior Consulting since 2005. Sheila was the recipient of the St. Albert Baha'i International Women's Day award for Exemplary Service in the Community, as well as Autism Edmonton's Community Champions Award. To further create community inclusion, she founded Plugged In Community Centre Organization, a charity with the mandate to build a facility that will provide access to all citizens. Plugged In Community Centre hosts and creates inclusion for children/teens, families and the community: BEautiful ME, BrainChild, Inclusion the Mini-Conference, Inclusion In Action: Recreation For All Ages and Community Conversations. Sheila is a certified PEERS facilitator, Nonviolent Physical Crisis Intervention Trainer through CPI, PBS (JACC) Trainer, Triple P Facilitator: Seminars, Primary Care, Groups - Discussions, Stepping Stones, Teen & Standard.

Registration Notes

Registration includes a continental breakfast and lunch.