

IO20-151 Corona and A Coffee With Dr. Jody Carrington

**PRESENTED BY**

Dr. Jody Carrington

**SERIES SESSIONS**

Date	Time
May 26, 2020	9:30 AM – 10:30 AM

**LOCATION**

Online

FEE

\$0.00

QUESTIONS?

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780-623-2248

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Program

One of the most commonly used phrases over the past 7 weeks has been 'unprecedented times'! INDEED they are! Do you need to 'reground and reconnect'? Pour yourself a coffee, grab a muffin and join Dr. Jody Carrington as we 'check in' and talk about the impacts of this pandemic on ourselves, our families, the children we support, their families and our communities and "How do we begin to look to the 'other side'?"

Presenters

Dr. Jody Carrington

Over the past 15 years, Dr. Jody Carrington has assessed, treated, educated and empowered some of our most vulnerable and precious souls on the planet. She is a child psychologist by trade, but Jody rarely treats kids. The answer lies, she believes, in the people who hold them. Especially when kids have experienced trauma, that's when they need big people the most. Some of her favourites include educators, parents, first responders, and foster parents. Jody has shifted the way they think and feel about the holy work that they do. Before Jody

started her own practice and speaking across the country, she worked at the Alberta Children's Hospital on the inpatient and day treatment units where she held families with some of the difficult stories. They taught her the most important lesson: we are wired to do hard things. We can handle those hard things so much easier when we remember this: we are wired for connection. This all started when Jody received her Bachelor of Arts with Distinction from the University of Alberta. She completed a year-long internship with the Royal Canadian Mounted Police during that time, and worked along side families struggling with chronic illness at the Ronald McDonald House. She received her Master's degree in Psychology at the University of Regina and completed her PhD there as well, before completing her residency in Nova Scotia. Her first book, *Kids These Days: A Game Plan for (Re)Connecting with those we Teach, Lead & Love*, came out in 2019 and sold 20,000 copies in just three months. It is now on Amazon's Best Sellers List.

Registration Notes

There is no charge for this session.

Once you have registered for a professional learning session, our system automatically generates and sends a **'Confirmation of registration email'**. This 'automatic response' will be sent to the email address you enter at the time of registration'. If the workshop you registered for is **Online**, you will find a link to connect you to the workshop in your confirmation email. If you do **NOT** receive a confirmation email within 24 hours of registering, please check your **Spam/Junk/Trash file**. In the event there is still not a confirmation email, please contact our administrative team: yvonne.plamondon@learning-network.org or celine.zevola@learning-network.org